

Computer revenge 向电脑宣泄

Vocabulary: rage 词汇: 愤怒

Are you angry? Unhappy in your job? Wish you had an **outlet** for those feelings?

Well, if you lived in Buenos Aires, Argentina, you could go to Break Club. It's made up of a group of people who get together to **smash up** rubbish as a way of **venting** their **aggression**.

They can throw bottles at the wall, or **take their frustration out on** an old computer.

Mora, a club member, is a 22-year-old media producer who works hard and is always **stressed out**. She says: "I have to deal with deadlines, with so many people and so many things everyday... my **nerves** are **at breaking point**. Well, now it's time I break something too."

She wears overalls, thick gloves and a visor to protect her eyes. In her hands there's a baseball bat ready for action. After **trashing** an old computer monitor Mora is almost **breathless** but has a smile on her face. "I feel like a new person. I'm happy! After this, I'm ready for anything!" she says.

Do you **fume** when your own computer **crashes**? Perhaps you'd feel better if you could do what 27-year-old Yamilla did to her keyboard – attack it with a hammer!

The club's creator, Guido Dodero, says Argentinians are a bit angry by nature and they like **psychoanalysis**. He thinks the key to the club's success is being a mix of both.

About 85% of his clients are young women. Dodero explains: "This is still quite a macho country. Women feel they need to take certain roles in society. They need to break from that **every now and then** and the club is the place for that."

Some members bring a picture of an ex-fiancee to destroy. Others bring a picture of... well, it could be of you or me. Natasha works in a **call centre** and does to the old equipment what she might like to do to her callers. The young woman says her job **drives her mad**.

The Break Club's creator says this is the only one of its kind in South America, but he's heard that there are similar places in Spain, Japan and the US. Who knows, one day there might be one near you. Do you feel like breaking things?



Has this ever occurred to you?

词汇表请参看答案与词汇部分

Quiz 测验

阅读短文并回答问题。

1. What items are destroyed in the club?
2. What happens to Mora after she destroys things?
3. What did Yamilla do to a keyboard?
4. What sort of people go to the club in large numbers?
5. Which expression means 'occasionally'?

Exercise 练习

请你在不参考课文的情况下完成下列练习。从每个表格中选择一个意思合适的单词填入句子的空格处。

1. Susan's boyfriend is very jealous. He _____ the car of a love rival once.

stressed out	trashed	vented	fumed
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2. My computer needs repairing. It keeps _____.

at breaking point	trashing	crashing	stressing out
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3. My little sister drives me _____ every day. She's so annoying!

mad	at breaking point	every now and then	stressed
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4. If you are going to paint the wall you should protect your clothes. You can borrow my _____.

visor	gloves	overalls	outlet
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5. Don't run too fast. You might end up _____.

breathless	in a call centre	trashed	crashed
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Answers and Glossary 答案与词汇

Quiz 小测验

1. What items are destroyed in the club? **Bottles and old computers.**
2. What happens to Mora after she destroys things? **She feels breathless but happy and ready to go back to her stressful work.**
3. What did Yamilla do to a keyboard? **She attacked it with a hammer.**
4. What sort of people go to the club in large numbers? **Young - and very angry - women.**
5. Which expression means 'occasionally'? **Every now and then.**

Exercise 练习

1. Susan's boyfriend is very jealous. He **trashed** the car of a love rival once.
2. My computer needs repairing. It keeps **crashing**.
3. My little sister drives me **mad** every day. She's so annoying!
4. If you are going to paint the wall you should protect your clothes. You can borrow my **overalls**.
5. Don't run too fast. You might end up **breathless**.

Glossary 词汇表

an outlet	(发泄情绪的) 出口
to smash up (something)	砸碎 (某物)
to vent	发泄, 宣泄
aggression	进攻性
to take (someone's) frustration out on	把某人的沮丧宣泄于
stressed out	处于精神崩溃状态
nerves	神经
at breaking point	处于爆发点
to trash	彻底破坏 (某物)
breathless	气喘吁吁
to fume	发怒
to crash (computer system)	(电脑系统) 崩溃
psychoanalysis	心理分析, 精神分析
every now and then	时不时地
a call centre	电话呼叫中心
to drive (someone) mad	让 (某人) 发疯