

Eat Your Greens! 吃绿菜!

英语学习点: *Vocabulary on Recycling* 有关环保的词汇

The Christmas decorations have come down and the Santa costume has been put away for another year. But what to do with that tired-looking Christmas tree?

Well there is a new option for the carbon-conscious... why not eat your tree?!

A chef in Copenhagen has decided that the best way to give an old tree a new lease of life is to put it on a plate.



How about a tasty fir needle salad?

Rene Redzepi's gastronomic experiment has proven so popular that customers are flying round the world to eat at his £150-a-head (1,500 yuan) restaurant.

BBC reporter Stephen Sackur said that "the needles from your average Christmas fir can be delicious" and was impressed by Redzepi's green credentials. The chef's raw materials are sourced locally. He avoids adding to his business's carbon footprint by buying products foraged from the sea, the shore or the forest. And ingredients that have to be farmed are supplied by organic producers.

Eating your tree is one way to stop all that Christmas cheer going to landfill.

But other eco-friendly options are open to the less adventurous. Leftover food makes for some simple but wonderful suppers. This year's Christmas cards can be recycled as decorations next year. And that reindeer jumper you received as a gift from Auntie Mary might just be next year's present for Cousin Ben - some call it "re-gifting".

As the old saying goes: one man's junk is another man's treasure.

词汇表请参看答案与词汇部分

Quiz 测验

阅读短文并回答问题。

1. What are the two expressions in the article that include the word 'carbon'?
2. How much do customers spend when they go to Rene Redzepi's restaurant?
3. Is this statement true, false or not given? *BBC's Stephen Sackur had a second helping of Christmas fir.*
4. In what country does the chef mentioned in the article buy his ingredients?
5. Look at the article. Give some examples of items it suggests to have recycled?

Exercise 练习

请你在不参考课文的情况下完成下列练习。从每个表格中选择一个意思合适的单词填入句子的空格处。

1. Ann goes to work by bicycle. She likes to show her _____ credentials.

| | | | |
|------|-----|-------|-------|
| blue | red | white | green |
|------|-----|-------|-------|

2. Every week a truck goes down my street to collect leftover non-recyclable waste to go to _____.

| | | | |
|---------|----------|----------|-------|
| fulfill | landfill | fillings | spill |
|---------|----------|----------|-------|

3. Parents have been advised to encourage their children to be more physically active and tell them to put _____ their laptops and go and play outdoors.

| | | | |
|------|-----|----|-------|
| away | out | on | about |
|------|-----|----|-------|

4. Timber and metal are _____ materials for the production of furniture.

| | | | |
|-------|---------|-----|--------|
| crude | organic | raw | simple |
|-------|---------|-----|--------|

5. My auntie lives in an old house but a lick of paint gave it a new _____ of life.

| | | | |
|------|------|-------|--------|
| easy | ease | lease | please |
|------|------|-------|--------|



Answers and Glossary 答案与词汇

Quiz 小测验

1. What are the two expressions in the article that include the word 'carbon'? Carbon-conscious and carbon footprint.
2. How much do customers spend when they go to Rene Redzepi's restaurant? Each customer spends £150 (1,500 yuan).
3. Is this statement true, false or not given? *BBC's Stephen Sackur had a second helping of Christmas fir.* It is not given. The article says that he found the needles of the Christmas fir delicious but does not mention how much of it he had.
4. In what country does the chef mentioned in the article buy his ingredients? In Denmark. The article mentions that his restaurant is in Copenhagen, the Danish capital.
5. Look at the article. Give some examples of items it suggests to have recycled? Christmas tree, leftover food, Christmas cards and a gift that was not to the receiver's taste (the reindeer jumper).

Exercise 练习

1. Ann goes to work by bicycle. She likes to show her green credentials.
2. Every week a truck goes down my street to collect leftover non-recyclable waste to go to landfill.
3. Parents have been advised to encourage their children to be more physically active and tell them to put away their laptops and go and play outdoors.
4. Timber and metal are raw materials for the production of furniture.
5. My auntie lives in an old house but a lick of paint gave it a new lease of life.

Glossary 词汇表

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|---|--------------------------|
| carbon-conscious 注意环保的，有碳意识的 | a new lease of life 重获新生 |
| green credentials 环保信誉 | raw materials 原材料 |
| to source 进货 | carbon footprint 碳足迹 |
| to forage 觅食，搜寻粮草 | organic producer 有机食品生产者 |
| to go to landfill 垃圾填埋地 | eco-friendly 利于环保的 |
| leftover food 隔夜菜，剩菜剩饭 | to recycle 回收 |
| one man's junk is another man's treasure 一个人的垃圾是另一个人的宝藏 | |